COSTA RICA ULTRA TRAIL
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STAGE 1 - Villa Nueva – Naranjillo – Sta Maria de Dota.

Saturday November 28th, 2026

Field: Track up and down.
Vegetation: grass field, tropical rain forest, Coffee plantation
Weather: Hot and wet: risk of overheating !
Temperatures measured in 2017: Min 22°, Max 26°.

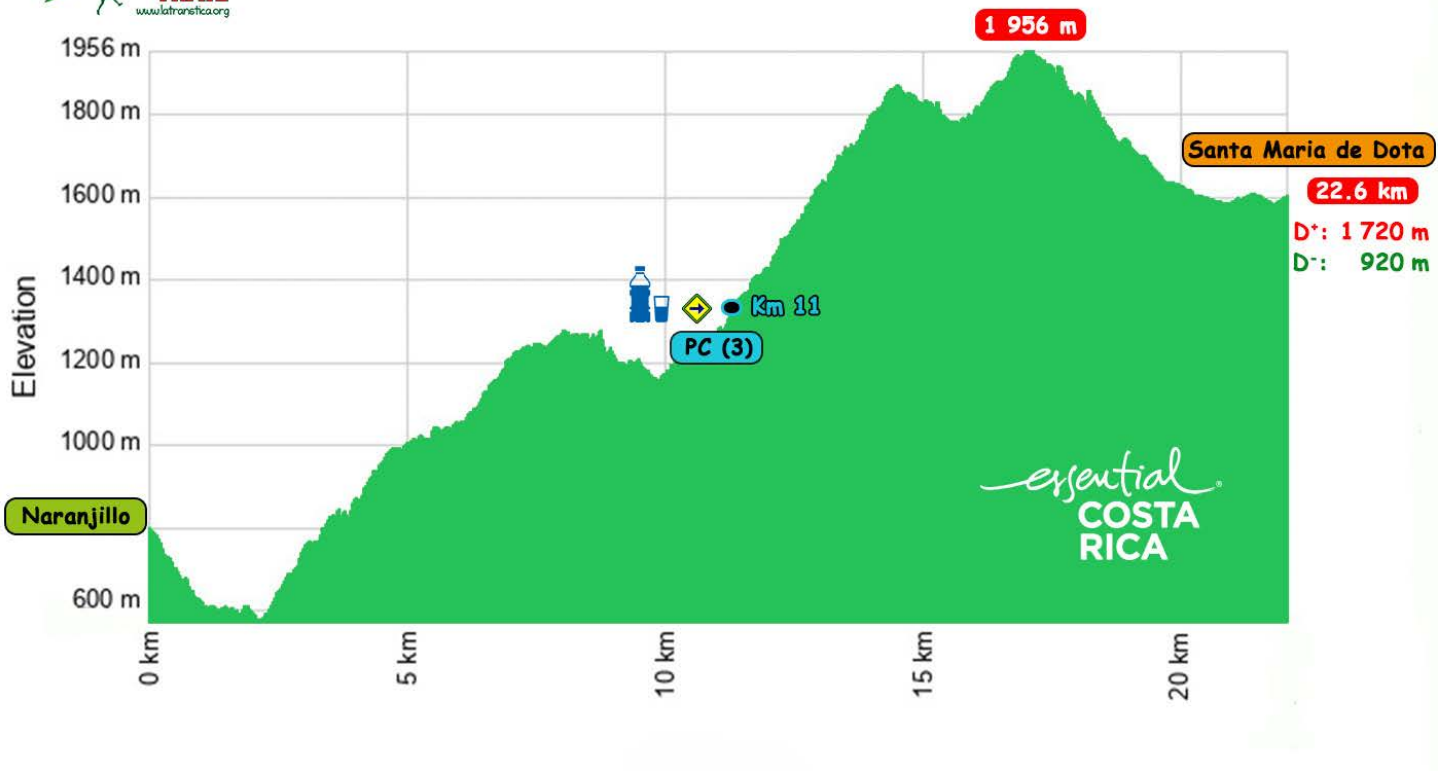
Adventure: 22,6 Km, Altitude gain + 1 720 m / - 920 m.

Km	Cum	Alt	
0,0	**0,0**	**792**	**Start Adventure: Naranjillo.N 9°55'39. 0 84°03'95.**
1,1	1,1	621	Naranjillo village: Y junction: turn right.
0,8	1,9	590	Y junction: straight forward.
0,3	2,2	575	Bridge on the river Naranjillo: cross the bridge, straight forward
2,0	4,2	855	Junction: turn left.
1,4	5,6	1008	Junction: straight forward.
0,4	6,0	1035	Junction: straight forward.
0,8	6,8	1148	Junction: straight forward.
0,4	7,2	1215	Junction: turn left.
0,9	8,1	1255	Centro Educativo San Joaquin on right hand, straight forward
0,1	8,2	1265	Y junction: straight forward
1,2	9,4	1203	Intersection, continuer tout droit.
1,2	10,6	1222	Bridge on river San Joaquin.
0,4	**11,0**	**1272**	**PC03-PR N 9°58'48. 0 83°98'04.**
4,4	15,4	1835	T junction, turn right hand
2,4	17,8	1925	Y junction, follow the track on left hand
2,7	20,5	1630	End of the track: turn on the right
0,4	20,9	1605	Junction, straight forward
0,7	21,6	1575	Junction, straight forward
0,2	21,8	1565	Junction, straight forward
0,2	22,0	1555	Junction, straight forward
0,1	22,1	1550	Junction, turn right hand
0,3	22,4	1560	Junction, turn right hand
0,6	**23,0**	**1600**	**Finish line Extreme and Adventure, Rancho Guyabal**
			N 9°64'59. 0 83°96'63

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